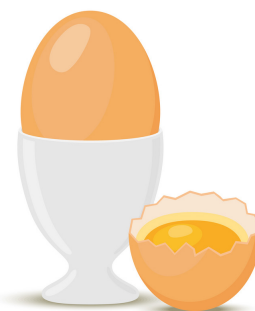
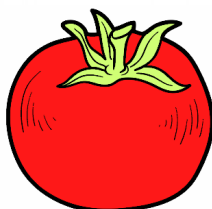
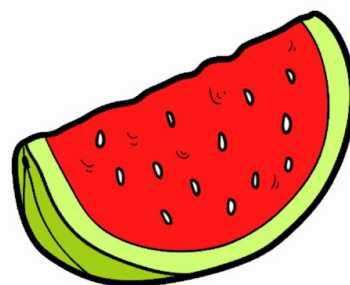
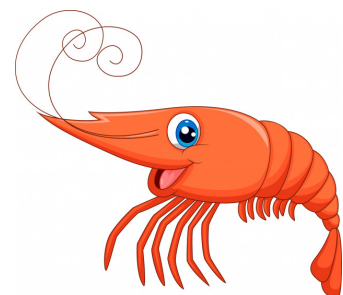
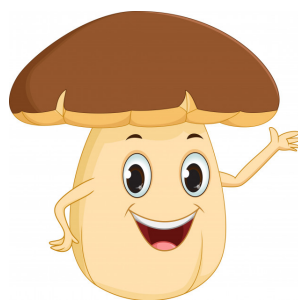
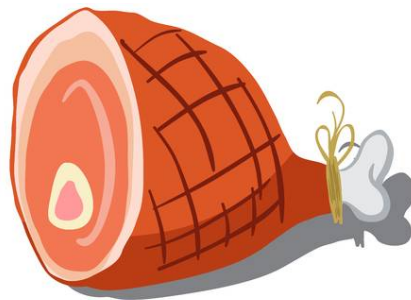
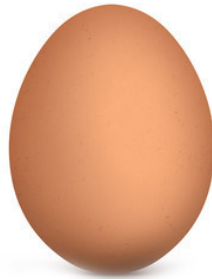


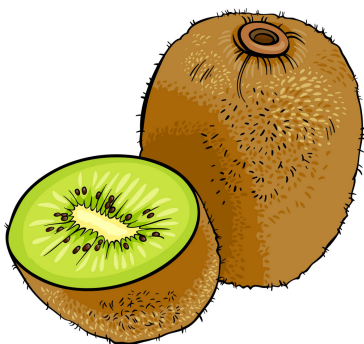
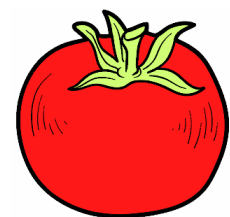
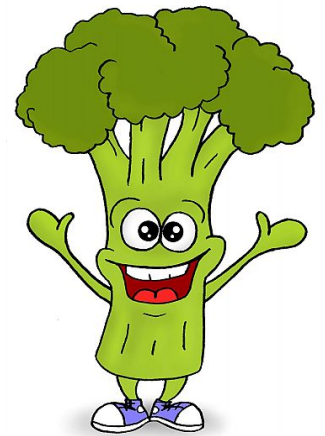
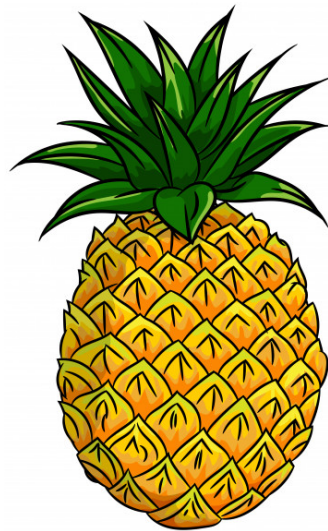
WITAMINA A – wzrok i skóra



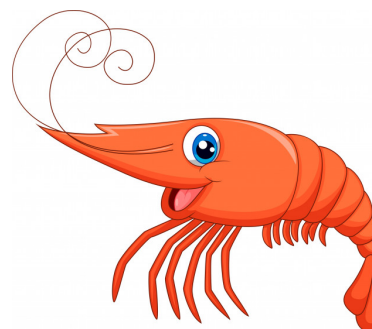
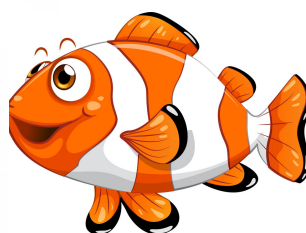
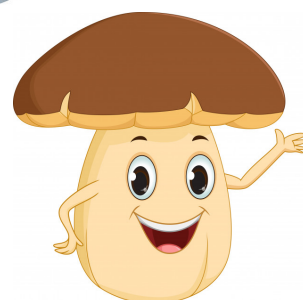
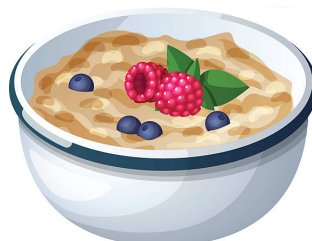
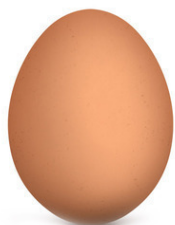
WITAMINA B - układ nerwowy, czyli nasz mózg i nie tylko



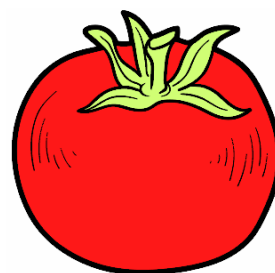
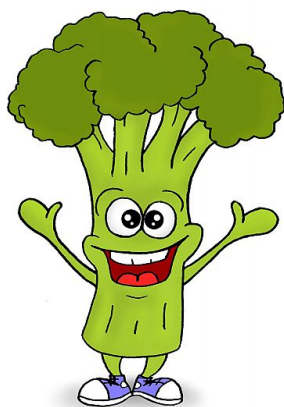
WITAMINA C – odporność



WITAMINA D - zęby i kości



WITAMINA E - zdrowa skóra



WITAMINA K – układ krwionośny, czyli nasze serduszko i krew

